



MENU

MENU - BREAKFAST

1

Madras Morning

Idli | Vada | Twin Chutneys | Fresh Juice

2

Kerala Kickstart

Puttu | Boost

NON-VEG: Egg Curry

VEG: Kadala Coconut Curry

3

Tikka Toast Trail

Chicken Tikka Sandwich | Potato Wedges | Watermelon | Mint Juice

VEG: Paneer Tikka Sandwich

4

ABC Energy Plate

Rava Upma | Kadala Coconut Curry | Pappad | ABC Juice | Banana

5

Pancake Bliss Starter

Banana/Classic Pancakes | Honey | Seasonal Fruits | Flavored Milk

VEG: Veg Sandwich

6

Dosa Delight Set

Mini Dosa | Vada | Sambar | White Chutney | Cut Fruits | Horlicks

7

Appam Affair

Appam | Veg Mappas | Milk Sarbath | Cut Fruits

8

Sunrise Strings

Idiyappam | Cut Fruits | Grape Lime

NON-VEG: Egg Roast

VEG: Green Peas Curry

9

Bombay Brunch Box

Pav Bhaji | Cut Fruits | Horlicks

10

Paris to Kozhikode

Croissant | Cornflakes & Milk | Cut Fruits

11

Anglo Kerala Brunch

Bread | Butter | Steamed Veggies | Ketchup | Horlicks

NON-VEG: Omelet

VEG: Grilled Sandwich

12

Thattukada Special Morning

Thattu Dosa | Sambar | Chutney | Horlicks

NON-VEG: Scrambled Egg

VEG: Grilled Veggies

13

Bun Bites & Boost

Hot Dog Bun | French Fries | Garlic Mayo | Boost | ketchup

NON-VEG: Chicken Sausage

VEG: Paneer Sausage

14

Classic Puttu Celebration

Puttu | Cherupayar/Kadala Curry | Pappadam | Cut Fruits
Flavored Juice

15

Parotta Punch

Kerala Parotta / Mini Aappam | Cut Fruit | Horlicks

NON-VEG: Egg & Potato Varuth Aracha Curry

VEG: Veg Stew

16

Schoolbox Start

Bread | Cornflakes (Hot/Cold Milk) | Butter | Cut Fruits |
Flavoured Juice

17

NutriNest Platter

Premium Veg Burger | French Fries | Mayo | Ketch - Up
Cut Fruits | Flavoured Juice

18

Navarathna & Chapati Classic

Chapati | Navarathna Kurma | Cut Fruits | Boost

19

Early Bird Lite

Bread | Jam | Butter | Grilled Tomato | Mint Lime

VEG: Veg Nuggets

NON-VEG: Omelet

20

Chennai – Beijing Bullet Train

Chilli Idly | Coconut/Mint Chutney | Cut Fruits | Grape Lime

21

Malabar Mojo

Kappa Puzhukku | Chilli Chutney | Mint Lime

NON-VEG: Nadan Chicken Curry

VEG: Tomato Mango Curry

22

Mac & Mornings

Macaroni | Ketchup | Cut Fruits | Flavoured Juice

23

Subah-e-Souk – Arabian Tales

Fattoush Salad | Kuboos Pocket | Salted Veggies | Mint Lime |
Ketchup

24

Royal Delhi Platter

Chole Bhature | Green Chutney | Flavoured Juice



MENU - LUNCH



1	Malabar Mystique ALL: Ghee Rice Onion Vinegar Salad Mango Lassi Pickle Raita Roasted Pappad Coconut Chammanthi NON-VEG: Fish Nirvana VEG: Navaratna Kuruma, Gobi 65	2	Biryani Darbar ALL: Raita Pickle Coconut Chammanthi Pappad Ice Cream NON-VEG: Kozhikode Chicken Dum Biryani / Fried Chicken Biryani Hyderabad Dum Biryani / Thalappakatti Biryani VEG: Paneer Biryani
3	Onam Legacy Platter VEG: Varuth Upperi Kuthari Choru Sambar Aviyal/Kootucurry Thoran Pineapple Pachadi Pickle Pappadam Rasam Puli Inchi Semiya Payasam	4	Spice Route Express VEG: Cucumber Tomato Salad Brown Rice with White Chana and Potatoes Mix Veg Curry Pickle Pappad Curd Ice Cream
5	Arabian Souk Meal ALL: White Cabbage Salad Mayonnaise Tomato Chutney Shawaya Masala Flavoured Yogurt NON-VEG: Chicken Mandi VEG: Veg Mandi Gobi 65	6	Royal Ghee & Sea ALL: Red Chilly Onion Salad Plain Rice Pickle Pappad Cut Fruits NON-VEG: Fish Molly VEG: Ladies Finger with Groundnuts Deep Fry Gobi Masala Curry
7	Green Curry Chronicles ALL: Red Chilly Onion Salad Lemon Rice Kerala Parotta Pickle Roasted Pappad Moong Dal Payasam NON-VEG: Palak Chicken VEG: Pepper Soya Roast Packed Curd	8	Zamorin's Feast ALL: Tomato Chutney Pickle Mayonnaise Jalebi NON-VEG: Chicken Majboos VEG: Veg Majboos Paneer Tawa Fry
9	Tangra Trails ALL: Tom Yum Soup Green Salad Tomato Ketchup Fruit Custard NON-VEG: Chicken Noodles VEG: Veg Noodles	10	Tomato Tales & Payasam Trails VEG: Green Salad Tomato Rice Kerala Parotta (1 pc) Kadai Paneer Pickle Curd Coconut Chutney Semiya Payasam
11	Manchurian Magic & More VEG: Veg Clear Soup Veg Pulao Gobi Manchurian Kovakka Dry Fry Raita Pappad Ketchup Payasam	12	Tawa Treasures ALL: Rice Onion Valan Puli Salad / Cut Mango Salad Dal Drumstick / Tomato Curry Achinga Thoran Payasam NON-VEG: Tawa Fried Fish VEG: Crispy Gobi 65
13	Sizzling Kolhapuri ALL: Green Salad Tomato Rice Pickle Pappad Kesari NON-VEG: Chicken Kolhapuri VEG: Paneer Kolhapuri	14	Crispy Cravings & Rasam ALL: North Indian Rice Pappad Pickle Rasam Parippu Curry Pineapple Pachadi Chef Special Halwa NON-VEG: Chicken 65 VEG: Crispy Gobi 65

15	Traditional Thali Treat ALL: Kachumber Salad White Rice Chapati Pickle Pappad Payasam Dal Fry Thoran NON-VEG: Malabar Nadan Chicken Curry VEG: Kadai Veg	16	Kerala Harvest Feast VEG: Kuthari Choru Mathan Payar Vazhakka Curry Thoran Ladies Finger Groundnut Deep Fry Pickle Pappad Pachamoru Pineapple Pachadi Chammanthi Rasam Payasam
17	Kappa & Fish Delight ALL: Valan Puli Onion Salad Kuthari Choru Pickle Payasam Kappa Puzhukku Thoran NON-VEG: Non-Veg: Fish Coconut Curry VEG: Ridge Gurd Pollichath	18	Mughal Feast & Malabar Flavors ALL: Onion Vinegar Salad Ghee Rice Bread (2 slices) Puthina Chammanthi Pickle Pudding NON-VEG: Chicken Stew VEG: Veg Stew
19	Chettinad Spice Legacy ALL: Green Salad Lemon Rice Raita Pickle Pappad Chef Special Halwa NON-VEG: Chicken Chettinad VEG: Mutter Paneer	20	The Spice Route Fusion ALL: Cream of Veg / Tomato Soup Green Salad Basmati Rice Raita Green Chutney Gulab Jamun NON-VEG: North Indian Egg Masala VEG: North Indian Paneer Masala
21	Deccan Dynasty - Alleppey Fusion ALL: Chilly Onion Salad Kuthari Choru Chammanthi Pappad Pickle Thoran Rosted Chilly Semiya Payasam NON-VEG: Chicken Thenga Paal VEG: Brinjal Pollichath Packed Curd	22	The Nawabi Delights ALL: Onion Vinegar Salad Shawaya Rice Mint Coriander Raita Roasted Pappad Pickle Ice Cream NON-VEG: Kadai Chicken VEG: Kadai Paneer
23	The Royal Kashmiri Platter VEG: Onion Salad Kashmiri Pulav Dal Tadka Thoran Spicy Aloo Masala Roasted Pappad Pickle Mango Chammanthi Gulab Jamun		



Fuel up for a day of learning with our delicious school meal menu!



SADHBHAVANA
WORLD SCHOOL

Bringing the World to the Classroom



1	Royal Delight ALL: Veg. Pulao Paneer Butter Masala Indian Cucumber-Tomato-Onion Kachumber Salad	2	Appam Caramel Indulgence ALL: Appam Caramel Custard NON-VEG: Pepper Chicken VEG: Gobi Manchurian
3	Kerala Homestyle Feast ALL: Rice Rasam / Parippu Curry Upperi Pappadam Jalebi Fresh Tomato & Coriander Salad NON-VEG: Chicken Fry VEG: Kadai Veg	4	Mint Biryani Carnival ALL: Raita Pickle Cucumber & Onion Salad NON-VEG: Mint Chicken Biryani VEG: Mint Veg Biryani Gobi 65
5	Fried Rice & Sweet Treats ALL: Veg Fried Rice Tomato Onion & Coriander Salad Pudding NON-VEG: Chilly Chicken VEG: Gobi Manchurian	6	Egg Fried Rice Heat ALL: Fresh Cucumber, Onion & Tomato Salad Green Chilli Sauce Tomato Ketchup NON-VEG: Egg Fried Rice VEG: Veg Fried Rice
7	Mandhi Super Tales ALL: Mayonnaise Mint Chutney Chef Special Dessert Arabian Green Salad NON-VEG: Chicken Mandhi VEG: Veg.Mandhi Aloo Dry Fry	8	Nool Puttu Kurma Bliss ALL: Nool Puttu Pudding Cucumber, Onion & Tomato Salad with Coriander NON-VEG: Chicken Varuthu Aracha Curry VEG: Kadai Veg
9	Veg Biryani Magic ALL: Veg.Biryani Pappad Raita Pickle Mint Chutney Crunchy Cucumber & Tomato Kachumber	10	Biryani & Ice Cream Dream ALL: Raitha Pickle Ice Cream NON-VEG: Chicken Biryani VEG: Veg.Biryani
11	Dosa Delights & More ALL: Dosa Sambar Chutney NON-VEG: Omlet VEG: Paneer Tawa Fry	12	Pala- Kottayam Stories ALL: Appam Chef Special Dessert Cabbage & Carrot Slaw with Green Chilli NON-VEG: Egg Roast VEG: Veg.Stew
13	Kerala's Own Parota Legacy ALL: Kerala Parota Cut Fruits NON-VEG: Chicken curry VEG: Green Peas Masala	14	Reminisce Brand Exclusive ALL: Rice Dal Curry Mezhukkupuratti Reminisce Special Soya fry Roasted Pappad Pickle

15	Reminisce Kozhikode Exclusive ALL: Ricerl Upperi Pickle Rosted Chilly& Onion Salad With Coconut Oil NON-VEG: Malabar Fish Curry VEG: Reminisce Plant Based Fish Style Curry	16	Pulao & Gobi Twist ALL: Veg.Pulao Gobi Manchurian Raitha Pickle Simple Onion & Tomato Kachumber Salad Pudding
17	Veg- Ghee Vinegar Fusion ALL: Ghee Rice Veg Stew Pickle Raita Onion Chilly Tamarind Salad With Vinegar	18	Dragon's Breath Noodles ALL: Seasonal Veggie Salad Tomato Ketchup NON-VEG: Chicken Noodles VEG: Veg.Noodles
19	Indian Classic Dal Fry Meal ALL: Chapati Dal Fry Cabbage & Beetroot Salad with Lemon Juice NON-VEG: Chicken 65 VEG: Brinjal Fry	20	Moroccan Spice Harmony ALL: Moroccan Onion Salad Rajma Rice Pickle Veg Mayonnaise NON-VEG: Grilled Chicken VEG: Tawa Grilled Paneer
21	Bengal Spice Affair ALL: Mint & Cucumber Raita Plain Rice Aloo Dum Bengali Halwa NON-VEG: Chicken Kosha VEG: Bengali Paneer Curry	22	Arabian Mandi Affair ALL: Onion & Lemon Wedges Mayonnaise Tomato Chutney NON-VEG: Chicken Mandi / Arabic Rice + Chicken 65 VEG: Veg Mandi / Arabic Rice + Gobi 65
23	Oriental Veggie Symphony ALL: Cabbage & Carrot Slaw Veg Fried Rice Veg Manchurian Ketchup	24	Kerala Chicken Harvest ALL: Chilly Cut Mango Onion Salad Putt NON-VEG: Nadan Chicken Curry VEG: Malabar Special Kadala Cocunut Curry
25	Assam Comfort Plate ALL: Sweet Pineapple Cabbage Mix Salad Steamed Rice Aloo Pitika/ North Indain Aloo Sabji NON-VEG: Assamese Chicken Curry VEG: Kerala Assamese Cauliflower Fusion	26	Garlic Chicken Perattu Fusion ALL: Tomato & Onion Ginger Salad Garlic Rice NON-VEG: Naadan Chicken Perattu Gravy VEG: Chilli Gobi
27	Kerala Puttu Legacy ALL: Seasonal Cucumber Filler Salad Puttu NON-VEG: Nadan Chicken Curry VEG: Varuth Aracha Kadala Curry	28	Mexican Veggie Fiesta ALL: Mexican Street Veg Salad Plain Rice Dal Tadka Chapati Chef's Special Dessert
29	Tropical Pulao Manipuri Paradise ALL: Seasonal Tropical Cut Fruits Manipuri Pulao Masala Dal Chapati Chef's Special Dessert	30	Super Soya Delight ALL: Dosa Sambar Chilli Chutney Tomato Chutney Pepper Soya Roast Chef's Special Dessert

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MENU

MENU - SNACKS



MORNING SNACKS

EVENING SNACKS

EVENING JUICE

1

FRUIT CAKE

SAMOSA | TEA/COFFEE

LIME

2

CREAM BUN

PORICHA ADA | TEA/COFFEE

WATER MELON

3

TEA CAKE

PUFFS | TEA/COFFEE

GRAPE LIME

4

BISCUITS

UZHUNNU VADA | TEA/COFFEE

PINEAPPLE LIME

5

UNNIYAPPAM

PARIPPU VADA | TEA/COFFEE

MINT LIME

6

BUTTER COOKIES

NEYYPAPPAM | TEA/COFFEE

MIXED FRUIT

7

CUP CAKE

VEG. CUTLET | TEA/COFFEE

PASSION FRUIT

8

COOKIES SPICY

KANNUR APPAM | TEA/COFFEE

SARBATH

9

PLUM CAKE

PORICHA PATHIRI | TEA/COFFEE

10

VEG. SANDWICH

KAYAPPAM | TEA/COFFEE